

ABERDEENSHIRE ADP

Understanding Stigma: Promoting Inclusive Attitudes and

THESE SESSIONS ARE ONLY FOR THOSE LIVING AND WORKING IN ABERDEENSHIRE. IF YOU ARE OUTWITH THIS AREA PLEASE SEE OUR TRAINING CALENDAR TO VIEW AVAILABLE COURSES.

Overview

Stigma can have a profound impact upon the lives of people who use alcohol and other drugs or those who have a history of substance use. The impact of stigma can permeate numerous aspects of a person's life such as their health and wellbeing, relationships, education and employment prospects and socioeconomic status.

Commonly, family, friends, service providers and institutions often place numerous expectations on people who use substances to engage in change behaviour, however, the social context that creates and perpetuates the cycle of stigma is rarely considered or challenged. Through developing a greater awareness of the wider context that the cycle of stigma fosters and exploring our own role in reinforcing and challenging stigma, participants can identify new approaches for fostering enhanced relationships with service users.

Learning Outcomes

By the end of the session participants will be able to:

- Describe the impact of stigma on people who use substances, people in treatment or in recovery from substance use.
- Recall language which de-stigmatises people affected by substance use.
- Describe how stigma and discrimination impact on the quality and effectiveness of service delivery.
- Identify institutional and structural stigma attached to people who use substances, people in treatment or in recovery from substance use.

Dates: 1st October 2026, 15th December 2026, 18th January 2027, 31st March 2027

Time: 9.15am - 1.30pm

TRAINING WILL BE DELIVERED VIA MICROSOFT TEAMS

Booking Information:

To book a place please follow the appropriate link below for the date you wish to attend. You will need to create an account if you do not already have one. Please email mariem@sdf.org.uk if you have any questions.

[STIGMA 1ST OCT 2026](#)

[STIGMA 15TH DEC 2026](#)

[STIGMA 18TH JAN 2027](#)

[STIGMA 31ST MARCH 2027](#)