



ABERDEENSHIRE ADP

Online Multiple Risk

THIS SESSION IS ONLY FOR THOSE LIVING AND WORKING IN ABERDEENSHIRE. IF YOU ARE OUTWITH THIS AREA PLEASE SEE OUR TRAINING CALENDAR TO VIEW AVAILABLE COURSES.

Course Overview

This online training aims to increase awareness, knowledge of multiple risk and young people. Participants will have the opportunity to explore multiple risk and what that means in practice when working with young people.

Learning Outcomes

By the end of the session participants will be able to:

- Identify common risk behaviours displayed by young people.
- Define multiple risk.
- Discuss positive and negative aspects of risk.
- Identify common risk behaviours.
- Recall the factors and Adverse Childhood Experiences that influence risk taking and identify the impact of these on resilience.
- Demonstrate effective signposting and interventions which tackle multiple risk, build resilience, and support post-traumatic growth.

Date: 19th October 2026

Time: 9.15am 1.30pm

TRAINING WILL BE DELIVERED VIA MICROSOFT TEAMS

Booking Information:

To book a place please follow this link: [MULTIPLE RISK 19TH OCT 2026](#) .You may have to create an account if you don't already have one.

Please email: Mariem@sdf.org.uk if you have any general queries about this event.

Please make sure you can attend if you book a place. Courses are very popular so if you find you are unable to make it then **please let us know as soon as possible** so we can