

Aberdeenshire ADP

Learning and Responding to Harms (Online)

THESE SESSIONS ARE ONLY FOR THOSE LIVING AND WORKING IN ABERDEENSHIRE. IF YOU ARE OUTWITH THIS AREA PLEASE SEE OUR TRAINING CALENDAR TO VIEW AVAILABLE COURSES.

Aim

This facilitator led course aims to increase drug awareness and knowledge and participants will have the opportunity to explore current and emerging trends within substance use. The training will consider harm reduction and support strategies.

Learning Outcomes

By the end of the session participants will be able to:

- Identify the reasons why people use substances.
- Name the 7 key drug categories and their key effects.
- Recall local current drug trends and patterns of use.
- Discuss how attitudes and stigma can affect recovery.
- Discuss effective strategies and treatment options to support people who use drugs, including harm reduction.

Dates: 23rd November 2026, 2nd March 2027

Time: 9:15am – 1:30pm

THESE SESSIONS WILL TAKE PLACE ONLINE VIA MICROSOFT TEAMS

Booking Information:

To book a place please follow the appropriate link below for the session you wish to attend:

[LEARNING AND RESPONDING TO HARMS 23RD NOV 2026](#)

[LEARNING AND RESPONDING TO HARMS 2ND MARCH 2027](#)

You will have to create an account if you don't already have one.

Please email: [**Mariem@sdf.org.uk**](mailto:Mariem@sdf.org.uk) if you have any general queries about this event.