

ABERDEENSHIRE ADP

In-Person Listening and Responding to Harms

THIS SESSION IS ONLY FOR THOSE LIVING AND WORKING IN ABERDEENSHIRE. IF YOU ARE OUTWITH THIS AREA PLEASE SEE OUR TRAINING CALENDAR TO VIEW AVAILABLE COURSES.

Aim

This facilitator led course aims to increase drug awareness and knowledge and participants will have the opportunity to explore current and emerging trends within substance use. The training will consider harm reduction and support strategies.

Learning Outcomes

By the end of the session participants will be able to:

- Identify the reasons why people use substances.
- Name the 7 key drug categories and their key effects.
- Recall local current drug trends and patterns of use.
- Discuss how attitudes and stigma can affect recovery.
- Discuss effective strategies and treatment options to support people who use drugs, including harm reduction.

Date: 11th January 2027

Time: 10am – 4pm

Venue: Formartine House, Union Street, Ellon AB41 9BA

Booking Information:

To book a place please follow this link: [L&R TO HARMS 11TH JAN 2027](#) . YOU WILL HAVE TO CREATE AN ACCOUNT IF YOU DO NOT ALREADY HAVE ONE.

Please email: Mariem@sdf.org.uk if you have any general queries about this event.