

Aberdeenshire ADP

In-Person Learning and Responding to Harms

THIS SESSION IS ONLY FOR THOSE LIVING AND WORKING IN ABERDEENSHIRE. IF YOU ARE OUTWITH THIS AREA PLEASE SEE OUR TRAINING CALENDAR TO VIEW AVAILABLE DATES.

Aim

This facilitator led course aims to increase drug awareness and knowledge and participants will have the opportunity to explore current and emerging trends within substance use. The training will consider harm reduction and support strategies.

Learning Outcomes

By the end of the session participants will be able to:

- Identify the reasons why people use substances.
- Name the 7 key drug categories and their key effects.
- Recall local current drug trends and patterns of use.
- Discuss how attitudes and stigma can affect recovery.
- Discuss effective strategies and treatment options to support people who use drugs, including harm reduction.

Date: 17th September 2026

Time: 10am - 4pm

Venue: To be confirmed

Booking Information:

To book a place please follow this link: [LEARNING AND RESPONDING TO HARMS 17TH SEPT 2026.](#) You will have to create an account if you don't already have one.

Please email: Mariem@sdf.org.uk if you have any general queries about this event.

Please make sure you can attend if you book a place. Courses are very popular so if you find you are unable to make it then **please let us know as soon as possible** so we can allocate your place to someone on the waiting list.